




Activities For Residents and Friends

SEPTEMBER
2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:00 Trivia Time 10:30 Stretch and Flex 11:00 Sports Hour 1:00 "No-bake" Goodies 2:00 Aromatherapy 3:30 Sing-a-long 6:00 Table Games</p> <p>5</p>	<p>Your Activity Team: Jennie, Tamra, Karen, Megan, Bret, Emma, Jessi Chaplain Renee, and Ron</p> <p>HAPPY LABOR DAY! 6 11:00-1:30 Labor Day Cookout in the Courtyard</p>	<p>Key Ice Cream Parlor - ICP 2nd Floor Dining Room - 2nd Library - L Atrium - A</p> <p>10:00 Catholic Mass - A 10:30 Intergenerational Program 11:00 Sports Hour 1:30 Table Games 2:00-4:00 Walker Wash & Tune-up - A 6:00 History Club 7:00 My Favorite Things 7:30 Relaxation & Reading Time</p> <p>7</p>	<p>10:00 Stretch-n-Flex 10:30 Brain Stumpers 11:00 Treasures of the Heart Music Program 11:30 Picnic Outing - Van 1:30 Baking Club 2:00 Pet Visit 3:15 Religious Service 6:00 Sports Hour</p> <p>HAPPY BIRTHDAY MELISSA!! 8 10:00 Stretch-n-Flex 10:30 Brain Stumpers 11:00 Treasures of the Heart Music Program 1:30 Baking Club 2:00 Pet Visit 3:15 Religious Service 6:00 Sports Hour</p>	<p>HAPPY BIRTHDAY LENI! 2 10:00 People and Places 10:30 "Dancing with the Stars" 11:00 Aromatherapy Program 11:30 Stretch-n-Flex 1:30 Craft Corner 3:00 Happy Hour - A 6:00 This Day in History 7:00 The Great Outdoors 7:30 Relaxation & Reading Time</p>	<p>HAPPY BIRTHDAY PEG!! 3 9:45 Scenic Drive 10:30 Poetry and Stories with Chaplain Renee 1:30 Senses of the Season 2:30 Ice Cream Social - ICP 3:15 Sing-a-long 6:00 Movie Matinee</p>	<p>10:00 Trivia Time 10:30 Stretch-n-Flex 11:00 Pet Visit 11:30 Gardening - Patio 1:00 Manicures & Hand Messages 2:00 Treasures of the Heart Music Program 3:00 Eagan High Eagle Project - A 6:00 Reminisc This</p> <p>4</p>
<p>10:00 Trivia Time 10:30 Stretch and Flex 11:00 Sports Hour 1:00 "No-bake" Goodies 2:00 Aromatherapy 3:30 Sing-a-long 6:00 Table Games</p> <p>HAPPY GRANDPARENTS DAY!! 12</p>	<p>FAMILY DAY 13 10:00 Stretch-n-Flex 10:30 Coffee Clan 11:00 News & Views 11:30 Storytelling 1:30 Sing-a-long 2:45 Monday Maltis - ICP 3:30 Comedy Hour 4:00 Manicures 6:00 News and Views</p>	<p>ANIMAL DAY 14 10:00 Reminiscing 10:30 Intergenerational Program 11:00 Sports Hour 2:00 Underwater Adventures - A 6:00 History Club 7:00 My Favorite Things 7:30 Relaxation & Reading Time</p>	<p>GREAT OUTDOORS DAY 15 10:00 Stretch-n-Flex 10:30 Brain Stumpers 11:00 Treasures of the Heart Music Program 11:00-1:00 Cookout in the Courtyard 1:30 Baking Club 2:00 Pet Visit 3:15 Religious Service 6:30 Bonfire with Carl Torgason - Courtyard</p>	<p>POLKA DAY 16 10:00 People and Places 10:30 "Dancing with the Stars" 11:00 Aromatherapy Program 11:30 Stretch-n-Flex 1:30 Craft Corner 3:00 Polka Days Happy Hour with Smorghard Polka - A 6:00 This Day in History 7:00 The Great Outdoors 7:30 Relaxation & Reading Time</p>	<p>TRAVEL DAY 17 9:45 Scenic Drive 10:30 Poetry and Stories with Chaplain Renee 1:30 Senses of the Season 2:00 Food Around the World - A 3:15 Sing-a-long 6:00 Movie Matinee</p>	<p>10:00 Trivia Time 10:30 Stretch-n-Flex 11:00 Pet Visit 11:30 Gardening - Patio 1:00 Manicures & Hand Messages 2:00 Treasures of the Heart Music Program 3:00 Movie Matinee 6:00 Reminisc This</p> <p>18</p>
<p>10:00 Trivia Time 10:30 Stretch and Flex 11:00 Sports Hour 1:00 "No-bake" Goodies 2:00 Aromatherapy 3:30 Sing-a-long 6:00 Table Games</p> <p>19</p>	<p>10:00 Stretch-n-Flex 10:30 Coffee Clan 11:00 News & Views 11:30 Storytelling 1:30 Sing-a-long 2:45 Monday Maltis - ICP 3:30 Comedy Hour 4:00 Manicures 6:00 News and Views</p>	<p>10:00 Catholic Mass - A 10:30 Intergenerational Program 11:00 Sports Hour 1:30 Table Games & Quilting with Dee 3:00 Welcome Party - ICP A 6:00 ILHC Around the World - A</p> <p>21</p>	<p>10:00 Stretch-n-Flex 10:30 Brain Stumpers 11:00 Treasures of the Heart Music Program 1:30 Baking Club 2:00 Pet Visit 3:15 Religious Service 6:00 Sports Hour</p>	<p>10:00 People and Places 10:30 "Dancing with the Stars" 11:00 Aromatherapy Program 11:30 Stretch-n-Flex 1:30 Craft Corner 3:00 Happy Hour - A 6:00 This Day in History 7:00 The Great Outdoors 7:30 Relaxation & Reading Time</p>	<p>10:00 This Day in History 10:45 Lunch Outing: Loring Kitchen, Minneapolis 11:00 Poetry and Stories with Chaplain Renee 1:30 Senses of the Season 2:30 Ice Cream Social 3:30 Outside Visits 6:00 Movie Matinee</p>	<p>10:00 Trivia Time 10:30 Stretch-n-Flex 11:00 Pet Visit 11:30 Gardening - Patio 1:00 Manicures & Hand Messages 2:00 Treasures of the Heart Music Program 3:00 Movie Matinee 6:00 Reminisc This</p> <p>25</p>
<p>10:00 Trivia Time 10:30 Stretch and Flex 11:00 Sports Hour 1:00 "No-bake" Goodies 2:00 Aromatherapy 3:00 Entertainment: Wonderful World of Woody - A 6:00 Table Games</p> <p>26</p>	<p>10:00 Stretch-n-Flex 10:30 Coffee Clan 11:00 News & Views 11:30 Storytelling 1:30 Sing-a-long 2:45 Monday Maltis - ICP 3:30 Comedy Hour 4:00 Manicures 6:00 News and Views</p>	<p>10:00 Reminiscing 10:30 Intergenerational Program 11:00 Sports Hour 1:30 Table Games 3:00 Birthday Party with Sandy Betsch - A 6:00 History Club 7:00 My Favorite Things 7:30 Relaxation & Reading Time</p> <p>28</p>	<p>10:00 Stretch-n-Flex 10:30 Brain Stumpers 11:00 Treasures of the Heart Music Program 11:30 Picnic Outing - Van 1:30 Baking Club 2:00 Pet Visit 3:15 Religious Service 6:00 Sports Hour</p>	<p>10:00 People and Places 10:30 "Dancing with the Stars" 11:00 Aromatherapy Program 11:30 Stretch-n-Flex 1:30 Craft Corner 3:00 Happy Hour - A 6:00 This Day in History 7:00 The Great Outdoors 7:30 Relaxation & Reading Time</p>	<p>Balded Activities are this month's Special Events!</p> 	<p>10:00 Trivia Time 10:30 Stretch-n-Flex 11:00 Pet Visit 11:30 Gardening - Patio 1:00 Manicures & Hand Messages 2:00 Treasures of the Heart Music Program 3:00 Movie Matinee 6:00 Reminisc This</p> <p>30</p>