



MC Minutes

September 2010



~UP AND COMING EVENTS~

NATIONAL ASSISTED LIVING WEEK: Living Life ***SEPTEMBER 12th – 17th***

Mark your calendars for the following special events to be held at the Commons in honor of National Assisted Living Week! The theme of the week is "Living Life". We will be celebrating some of our most loved pastimes and have a lot of fun while doing it!

Sunday, September 12th: Grandparents Day

Flowers will be delivered to your loved one's apartment in honor of Grandparent's Day!

Monday, September 13th: Family

Bring a personal picture of your loved one from when they were young (infant, child, young adult) and another one which was taken recently. We will be displaying these fun pictures in the Atrium for everyone to enjoy and reminisce throughout the day!

Tuesday, September 15th: Animals

Throughout life we experience many different animals not only as pets but also out in the wilderness! The creatures of the Underwater World from the Mall of America and the children from The Intergenerational Center will be joining us in the Atrium at 2:00pm for a fun-filled Show. The staff from the Underwater World will talk about the different animals and even let you touch them if you dare!!

Wednesday, September 16th: Great Outdoors

Come join us for a delicious lunch cookout in the courtyard and a bonfire in the evening! Enjoy the last moments of summer with a picnic lunch full of summertime favorites served from 11am-1:30pm and in the evening at 6:30pm for a bonfire with entertainment provided by Carl Torgason!

Thursday, September 17th: Polka Day

Come listen to some great polka music at Polka Days Happy Hour complete with lots of polka-dots!! Make sure to wear your polka-dots and dancing shoes as we dance with entertainment provided by Smorgasboard Polka!!

Friday, September 18th: Travel

We will have large maps of the United States and the world to see where everyone has traveled throughout their lifetime! Please stop by the lobby and place a sticker on the places your loved one has traveled throughout their lifetime and see if we can fill the map up! Then at 2:00pm in the Atrium come enjoy Food from Around the World! We will have a variety of food from different countries around the world. Our palettes will be enticed by foods you may or may not have ever tried before!

~A NOTE FROM THE NURSE~

We are happy to introduce Bluestone Physician Services to The Commons on Marice! Dr. Logan and Ericka Roberts, PA-C, will be coming to our facility monthly to see resident's who are enrolled with their services! The visit is similar to a clinic visit except it is done right here at The Commons, in the comfort of your loved one's home. This is a great option for anyone who is having a hard time getting your loved one to the clinic. Please talk to Misty Stark or another nurse if you are interested in finding out more about this great service!