



Activities For Residents and Friends

SEPTEMBER
2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Associated Bank Wednesdays 9:00 - 10:00 am Mobile Eyes 2nd Friday of the Month 2:00 p.m. - 2nd Floor	Your Activity Team: Tamra, Megan, Ron, Chaplain Renee, Jennie, Karen Emma and Jesi	Key Library - L Salon Lounge - SL Ice Cream Parlor - ICP 2nd Floor - 2nd Atrium - A Fireside Lounge - FSL Wellness Center - WC Dining Room - DR	9:00 Walking Club - L 10:00 Stretch & Flex - A 10:45 Brain Stumpers - ICP 1:00 Penny Poker - L 1:30 Bible Study - FSL 2:45 Craft Corner - 2nd 3:45 Light & Easy Chair Exercise Group - 2nd 6:30 Bingo-ICP	9:30-10:30 Blood Pressure Checks - FSL 10:00 Stretch & Flex - A 10:45 Manicures - 2nd 1:00 Card Making - ICP 2:00 Token Bingo - ICP 3:00 Happy Hour - A 6:30 Quiet Time with God - FSL	9:30 Rosary - FSL 10:00 Stretch & Flex - A 10:30 Reading Buddies - ICP 11:00 Lunch Outing: Sunsets - Van 1:00 Penny Poker - L 2:00 Light & Easy Exercise - 2nd 2:30 Ice Cream Social - ICP 2:45 Wit Have Fun - FSL 6:30 Evening Movie - FSL	10:45 Interdenominational Worship Service - A Bridge - 2nd 3:00 Eagan High Eagle Project - ICP 4:00 Walking Club - Lobby 6:30 Cribbage - 2nd
10:30 Coffee Break - A 1:00 Bingo - ICP 2:15 St. James Lutheran Service - FSL 3:00 Ice Cream Sundaes - ICP 6:30 Movie Classics - FSL	6 HAPPY LABOR DAY! 11:00-1:30 Labor Day Cookout in the Courtyard	9:00-1:00 Driving Class - 2nd 9:00 Confession 10:00 Catholic Mass - A 10:00 Stretch and Flex - SL 1:00 American Healthcare & Mobility Falls Clinic - A 1:30 Recipe Exchange - 2nd 2:00-4:00 Walker Wash - A 6:30 Legacy Leavers - ICP	9:00 Walking Club - L 10:00 Stretch & Flex - A 10:45 Brain Stumpers - ICP 11:30 Picnic Outing - Van 1:00 Penny Poker - L 1:30 Bible Study - FSL 2:45 Fun with Color - 2nd 3:45 Light & Easy Chair Exercise Group - 2nd 6:30 Bingo-ICP	10:00 Stretch & Flex - A 10:45 Talkin' Food with Kevin -A 10:45 Manicures - 2nd 1:00 Card Making - ICP 1:00 Veteran's Club - ICP 2:30 Prayer Team - FSL 3:00 Happy Hour with Janet Walters - A 6:30 Quiet Time with God - FSL	9:30 Rosary - FSL 10:30 Stretch & Flex - A 10:45 Bingo - 2nd 11:00 Men's Group - ICP 1:00 Penny Poker - L 2:00 Light & Easy Exercise - 2nd 2:00 Mobile Eyes - 2nd 2:45 Wit Have Fun - FSL 6:30 Evening Movie - FSL	10:45 Interdenominational Worship Service with Communion - A Bridge - 2nd 1:00 Patriotic Trivia - L 4:00 Walking Club - Lobby 6:30 Cribbage - 2nd
HAPPY GRANDPARENTS DAY! Pick up your carnation at the Front Desk! 10:30 Coffee Break - A 1:00 Bingo - ICP 2:15 St. James Lutheran Service - FSL 3:00 Picture Puzzles - ICP 6:30 Movie Classics - FSL	13 FAMILY DAY 9:00-1:00 Driving Class - 2nd 9:30 Gardening - Garden 10:00 Stretch & Flex - A 10:45 Aromatherapy - FSL 1:00 Tai Chi - FSL 2:00 Now & Then Pictures - ICP 2:45 Monday Malls - ICP 6:30 Gospel of Luke Bible Study - FSL	ANIMAL DAY 9:00-1:00 Driving Class - 2nd 10:00 Stretch and Flex - A 10:45 News & Views - L 2:00 Underwater Adventures - A 3:30 Resident Council Mtg - L 6:30 St. John Neumann Prayer Service w/Communion - ICP	GREAT OUTDOORS DAY 9:00 Walking Club - L 10:00 Stretch & Flex - A 10:45 Brain Stumpers - ICP 11:00-1:00 Cookout in the Courtyard 1:00 Penny Poker - L 1:30 Bible Study - FSL 2:45 Craft Corner - 2nd 3:45 Light & Easy Chair Exercise Group - 2nd 6:30 Bonfire with Carl Torgasson - Courtyard	POLKA DAY 10:00 Stretch & Flex - A 10:45 Manicures - 2nd 1:00 Card Making - ICP 2:00 Token Bingo - ICP 3:00 Polka Days Happy Hour with Smorgasboard Polka - A 6:30 Joy of Aging Seminar - A	TRAVEL DAY 9:30 Rosary - FSL 10:30 Stretch & Flex - A 10:45 Reading Buddies - ICP 11:30 Lunch Outing: Hong Wong - Van 1:00 Penny Poker - L 2:00 Food From Around the World - A 2:45 Wit Have Fun - FSL 6:30 Evening Movie - FSL	10:45 Interdenominational Worship Service - A Bridge - 2nd 1:00 Loving Service - A 3:00 Wine & Cheese Social - ICP 4:00 Walking Club - Lobby 6:30 Cribbage - 2nd
10:30 Coffee Break - A 1:00 Bingo - ICP 2:15 St. James Lutheran Service - FSL 3:00 Treasures of the Heart - L 6:30 Movie Classics - FSL	20 Gardening - Garden 10:00 Stretch & Flex - A 10:45 Aromatherapy - FSL 1:00 Yoga - FSL 2:45 Monday Malls - ICP 6:30 Gospel of Luke Bible Study - FSL	10:00 Catholic Mass - A 10:00 Stretch and Flex - SL 1:00 Chorus - A 1:30 Recipe Exchange - 2nd 3:00 Welcome Party - ICP 6:30 ILHC Around the World - A	9:00 Walking Club - L 9:15 Outing: Minnesota Arboretum - Van 10:00 Stretch & Flex - A 10:45 Brain Stumpers - ICP 1:00 Penny Poker - L 1:30 Bible Study - FSL 2:45 Fun with Color - 2nd 3:45 Light & Easy Chair Exercise Group - 2nd 6:30 Bingo-ICP	10:00 Stretch & Flex - A 10:45 Manicures - 2nd 1:00 Card Making - ICP 2:30 Prayer Team - FSL 3:00 Happy Hour - A 6:30 Quiet Time with God - FSL	9:30 Rosary - FSL 10:30 Stretch & Flex - A 10:45 Bingo - 2nd 11:00 Men's Group - ICP 1:00 Penny Poker - L 2:00 Light & Easy Exercise - 2nd 2:45 Wit Have Fun - FSL 6:30 Evening Movie - FSL	10:45 Interdenominational Worship Service - A Bridge - 2nd 1:00 Hand & Back Massages - FSL 4:00 Walking Club - Lobby 6:30 Cribbage - 2nd
10:30 Coffee Break - A 1:00 Bingo - ICP 2:15 St. James Lutheran Service - FSL 3:00 Wonderful World of Woody - A 6:30 Movie Classics - FSL	27 Gardening - Garden 10:00 Stretch & Flex - A 10:45 Aromatherapy - FSL 1:00 Tai Chi - FSL 1:00 Book Club - ICP 1:00 4th Floor Town Hall - 4th 2:00 Light & Easy Chair Exercise - 2nd 2:45 Monday Malls - ICP 3:00 1st Floor Town Hall - 1st 6:30 Gospel of Luke Bible Study - FSL	9:30-10:30 Open Wellness-WC Stretch and Flex with Dr. Jay - A 10:45 News & Views with Dr. Jay - L 1:00 2nd Floor Town Hall - 2nd 1:00 Chorus - A 1:30 Recipe Exchange - 2nd 3:00 Birthday Party with Sandy Beitsch - A 6:30 St. John Neumann Prayer Service w/ Communion - ICP	9:00 Walking Club - L 10:00 Stretch & Flex - A 10:45 Brain Stumpers - ICP 1:00 Penny Poker - L 1:00 3rd Floor Town Hall-3rd 1:30 Bible Study - FSL 2:45 Craft Corner - 2nd 3:45 Light & Easy Chair Exercise Group - 2nd 6:30 Bingo-ICP	10:00 Stretch & Flex - A 10:45 Manicures - 2nd 1:00 Card Making - ICP 2:00 Token Bingo - ICP 3:00 Happy Hour - A 6:30 Quiet Time with God - FSL		